

OUR TEAM

Think Physical Therapy is independently owned and operated by:

RANDY PINKERTON, MPT

Randy received a Bachelor of Science degree in Kinesiology from Cal State Fullerton, and a Master's degree in Physical Therapy from Chapman University in California. He is also a member of the High Performance Team for United States Swimming Sports Medicine Committee and played football and tennis at an intercollegiate level.

NICK THEDERS, PT

Nick graduated from Cal State University Long Beach with a Bachelor of Arts in Athletic Training and a Bachelor of Science in Physical Therapy. He competed in swimming and water polo at the intercollegiate level and is also a member of the High Performance Team for United States Swimming Sports Medicine Committee.

ADDITIONAL THERAPISTS:

MISSY O'HARA, PT

Missy graduated from Cal State University Long Beach with a Bachelor of Science degree in Physical Therapy and a Bachelor of Arts degree in Biology from the University of San Diego. She was also an intercollegiate athlete in cross country running.

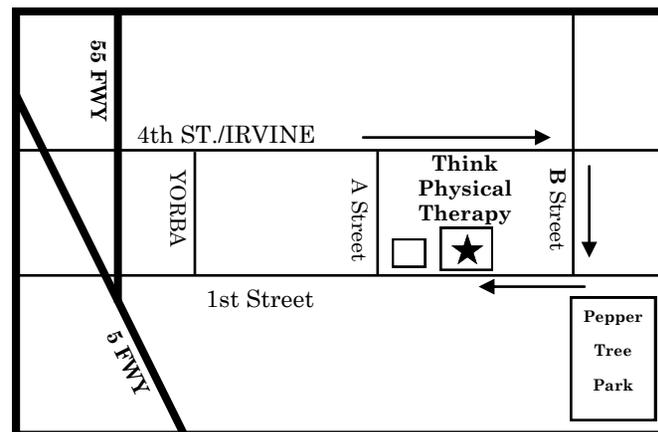
JACKLYN SWICK, DPT

Jacklyn received her Doctorate of Physical Therapy (DPT) from Chapman University and her undergraduate degree in Exercise Science from Utah Valley University where she also played college softball. Jacklyn has focused her internships and continuing education in orthopedics and sport injuries.



THINK PHYSICAL THERAPY

**365 W 1st Street
Tustin, CA 92780
Tel (714) 544-5565
Fax (714) 544-5570
www.thinkpt.net
thinkpt@sbcglobal.net**



Monday 6:30am-6:30pm
Tuesday 9:00am-5:00pm
Wednesday 6:30am-6:30pm
Thursday 9:00am-5:00pm
Friday 6:30am-6:30pm

We are closed daily from
12:00pm-2:00pm



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INTRODUCTION

Think Physical Therapy offers a diverse staff of orthopedic, pulmonary and athletic specialists. Our extensive knowledge in orthopedics combined with a varying array of athletic backgrounds allow us to better facilitate the rehabilitation programs of our patients.

Our therapists provide assessment and rehabilitation for all musculoskeletal dysfunctions and injuries. Individualized rehabilitation programs are offered consisting of therapeutic exercise, manual therapeutic techniques, and guidelines for a progressive return to a prior level of activity. Patient education and home exercise instruction are used in conjunction to promote long-term results.



Think Physical Therapy is proud to announce the opening of its **Aquatic Physical Therapy Program**. The aquatic center is located on the premises of Think Physical Therapy. The pool is partially enclosed and the temperature is maintained between 85°-90°.

SERVICES OFFERED

- ◆ **Aquatic Physical Therapy** utilizing a partially enclosed on-site pool for patients to receive therapy and exercise in a decreased weight bearing environment.
- ◆ **Pulmonary rehabilitation program** combining education, functional retraining, and endurance/strength training for individuals with COPD/emphysema, deconditioning, general weakness, and other pulmonary dysfunctions.
- ◆ **Injury prevention programs** for athletes and individualized rehabilitation programs and consultations.
- ◆ **Underwater video stroke analysis** of swimmers to identify mechanics that contribute to injury. Baseball and Golf injuries can also be evaluated.
- ◆ **Sports physical therapy** incorporating sports specific skills to allow a patient to regain the strength, flexibility, stability, and endurance required to return to the desired sport or activity.
- ◆ **Comprehensive orthopedic assessments** and rehabilitation of musculoskeletal problems and injuries.

Think Physical Therapy has a bilingual staff capable of providing rehabilitation services to Spanish speaking patients.

OUR CLINIC

Think Physical Therapy was established in 1995 with the purpose of providing quality therapeutic care to the residents of Orange County. Utilizing a personalized approach to rehabilitation and physical therapy, Think Physical Therapy directs each patient in the attainment of mobility, stability, strength, and function.



We are In-Network providers for:

- Blue Cross
- Blue Shield
- Cigna
- United
- Health Net
- Medicare
- Tri-Care
- Aetna

*And many others

For any further information regarding insurance questions, our facility or programs listed above, or if you would like to talk to someone about physical therapy, please call the number on the back of this brochure and one of our therapists will be glad to assist you.